

Microwave Baked Apple

Prep Time : 10 minutes

Cook Time : 6-10 minutes

Servings : 4

Ingredients:

4 large apples of choice

1/2 cup brown sugar

1 tsp cinnamon



Procedure:

1. Wash apples and remove the core.
2. Cut a thin slice off bottom of each apple to form a flat surface and place apples in microwave dish.
3. In a small bowl, combine brown sugar and cinnamon.
4. Spoon the sugar mixture into the center of the apple.
5. Cover dish with wax paper and microwave on high for 6 to 8 minutes on high or until apples are soft.