

Summer Salad

Ingredients:

For the Salad:

- 1/4c basil, chopped
- 7oz chickpeas, rinsed
- 2ea ears of corn, kernels removed
- 1c cherry tomatoes, halved
- 1/2 english cucumber, diced
- 1/2 c feta cheese, crumbled
- 1/2ea avocado, diced

For the Dressing:

- 1ea shallot, minced
- 1ea lemon, zested and juiced
- 2tsp honey
- 2Tb red wine vinegar
- 1/2 tsp red pepper flakes
- 1/3 c olive oil
- Salt & Pepper to taste



Procedure:

1. Add basil, chickpeas, corn, tomatoes, and cucumbers to large bowl. Stir to Combine.
2. Prepare dressing by combining shallot, lemon zest & juice, honey, vinegar, and red pepper flakes to bowl. Slowly whisk in olive oil. Season with S&P
3. Pour dressing over salad & toss.
4. Top with avocado and feta.